





Type of infringement	Description examples	Card	
Technical	Hitting ball away Not retreating 5 metres Abusive/foul language Deliberate foot Sliding (not dangerous) Clumsy tackle (not dangerous) Time wasting Suicide running/blocking	  2 min 5 min	3 or 4 points (yellow)
Physical/break down	Bad/dangerous tackle Tackle that grounds a player Dangerous use of stick or body Deliberate breakdown of play (incl. out of defense) Deliberate technical foul that denies a goal scoring opportunity Continuous Abusive/foul language	 10 min	5 or 6 points
Nasty and/or malicious	Breakdown with intention to injure Deliberate strike with intent to injure		12 points

Some points to note...

1. Not all technical infringements will require a card.
2. For a technical infringement, consider the green card first, assuming the foul does not stop a goal scoring opportunity. For a repeat (by the same player), then the yellow card should be shown. An additional repeat (by the same player) then a 10 min yellow is appropriate. 'New offenders' may receive either a green card or a 5 minute yellow.
3. For physical/breakdown plays, then the yellow should be shown (10 min). A repeat (by the same player) should be a red card.